



rejuvenate



rejuvenate
rebalance
& renew
yourself

rebalance



Reds
SALON & SPA

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PLEASE CONSIDER We understand sometimes you need to change your schedule, but we kindly ask that you give us a minimum of 24 hours notice. As our appointment schedule is very busy, this will allow someone else to visit us. A 30% cancellation fee will apply if less than 24 hours notice is given.

SPA ETIQUETTE We provide everything you'll need to wear whilst your enjoying your treatments. Please arrive 15 minutes early to allow for time to change. Late arrival will result in less treatment time at full price.

OPEN

- Sun 10am – 6pm
- Mon 9am – 6pm
- Tues & Wed 9am – 7pm
- Thursday 9am – 9pm
- Friday 9am – 7am
- Saturday 9am – 5pm

THE LAKES CAIRNS RESORT & SPA

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At Reds Spa, Skincare is our passion. Our therapists specialize in offering the best Skin and Body treatments, which emphasize skin health. The Spa team opt for a holistic approach to their work and are proudly passionate about the therapeutic benefits of dermalogica.

FACE

Revitalizing Treatment 90 mins \$120
series of 6 \$600

Concerned about the signs of aging? Feel like your skin needs a revitalizing power boost? Then this is the treatment for you! Combined vitamin and hydroxy acid exfoliation, energizing massage techniques that release tension in the facial muscles and dermalogica's specialized contour masque make's this the ultimate in skin therapy for prematurely aging, dry, devitalized skin! Your skin will be noticeably firmer, smoother and revived.

Purifying Treatment 60 mins \$85

This treatment is uniquely customized for every possible skin condition. Your skin therapists love nothing more than putting their knowledge into action by designing the treatment that is ideal for your skin. Each step will be based on a unique Face Mapping™ analysis to achieve optimum skin health.

Skincare Analysis 20 mins \$30

Concerned about your skin and need some advice? An express cleanse begins this consultation which enables our skin care therapist a thorough facial examination. The technique used is dermalogica's unique Face Mapping™, which incorporates the ancient teachings of Chinese face and body reading. After toning and hydrating the skin, the outcome achieved will be a quick refresh and great advice.

Add on Eye Rescue 15 mins \$20

Firm, tone and revitalize your tired eyes with our unique blend of vitamin therapies and firming botanicals. This is not a stand-alone treatment, however, it compliments either one of our signature facials perfectly.

Eye grooming also available upon request

MEN'S

Men's Skincare 45 mins \$70

Whilst all dermalogica treatments are designed for both men and women, men's skin does have special concerns. Our therapist will specifically target any challenges you may have and customize the treatment to achieve a healthier appearance.

Back Treatment 30 mins \$55

Who wouldn't benefit from this super-smoothing back treatment? A deep cleansing scrub and extractions (if needed) is perfectly designed to rid your skin of impurities, then a masque under steam to relax your muscles and a short massage targeting the most stressed-out areas.

BODY

Hydro Body Wrap 60 mins \$110

A light body exfoliation precludes this ultra-soothing, hydrating treatment, personalized with aromatherapy oils. The natural Aloe-based pack is cocooned within the thermal wrap to infuse the skin with moisture, the vichy shower perfectly compliments to further induce relaxation. Ideal for dry, dehydrated or sun exposed skin. Application of a dermalogica body moisturiser completes this treatment.

Marine Mud Wrap 60 mins \$110

Detoxify, exfoliate and nourish your body with seaweed and mineral mud poultice, sealed in a warm relaxing wrap. Infused with aromatic botanical extracts and fruit enzymes this treatment will leave your skin smooth and supple whilst the vichy shower leaves you refreshed and relaxed. Application of a dermalogica body moisturiser completes this treatment.

Body Exfoliation 30 mins \$65

Smooth away that dulling surface layer while restoring vital nutrients to tired skin. An exfoliating body scrub, customized with aromatherapy oils, will help to smooth skin, relax stressed muscles and soothe the senses. While the vichy shower not only cleanses it rejuvenates the body, before the application of a dermalogica body moisturiser.

Body grooming also available upon request.

MASSAGE

Relaxation 60 mins \$85
90 mins \$120

Light to medium pressure massage, ideal to relax the body and mind, whilst relieving you of mild aches and pains.

Remedial 90 mins \$130
60 mins \$95

This is a medium to firm pressure massage ideal to relieve pain form sports injuries or to relax major muscle tension.

Back, Neck and Shoulders 30 mins \$55

Revitalise with a massage tailored to your specific needs, using a relaxation technique to relax muscle tension in the most stressed out areas.

Hand and Foot Treatment 30 mins \$55

Not a manicure, or a pedicure, this treatment cares for your skin with the latest in Retinol-based vitamin repair, plus the deep moisturizing benefits of a soothing Paraffin Wax bath. Instant hydration and repair for dry, chapped or prematurely-aging hands and feet.

Add on Hand and Foot Massage 30 mins \$30

To further relax this perfectly compliments the hand and foot treatment. Although this is not a stand alone treatment it may be teamed with any Face or Body service (with the exception of other add on services).

Nail grooming available upon request.

PACKAGES

Purely Hers 2hrs \$170

Purifying Facial
Eye Rescue
Back, Neck, Shoulder Massage
Scalp Massage

Purely Him 2hrs \$170

Back Treatment
Men's Skincare
Back, Neck, Shoulder Massage

Purely Body 2hrs \$190

Body Wrap With Vichy Shower
Relaxation Massage
Scalp Massage



2004/05 Australian Hairdresser of the Year, Lee Cohen
- Female Style Cut \$95

	Stylist	Style Director		Stylist	Style Director
CUTTING			HIGHLIGHTING		
Female Style Cut	\$50	\$65	1/2 Head (Partial From)	\$75	\$90
Male Style Cut	\$40	\$50	Short	\$105	\$125
Student (Under 16)	\$40	\$50	Medium	\$120	\$145
(Under 13)	\$30	\$35	Long	\$135	\$160
Child (Under 6)	\$25		PRELIGHTENING & TONE		
STYLING			Short	\$95	\$115
Blow Dry Short	\$30	\$35	Medium	\$105	\$125
Blow Dry Medium	\$35	\$40	Long	\$115	\$140
Blow Dry Long	\$40	\$45	Virgin Application	Quote	Quote
Blow Dry With Service	\$20	\$25	PERMANENT STRAIGHTENING		
Upstyling	\$75	\$85	Short	from	\$450 \$450
TREATMENTS			Medium	from	\$550 \$550
Colour Saver		\$10	Long	from	\$650 \$650
Express		\$15	PERMANENT WAVING		
Scalp		\$30	Short	\$90	\$90
Layered:		\$30	Medium	\$105	\$105
PERMANENT COLOUR			Long	\$130	\$130
Short	\$75	\$90	BRIDAL HAIR Salon Location		
Medium	\$85	\$100	Bridal Trial	\$135	\$185
Long	\$95	\$115	Brides Upstyle	\$135	\$185
Colour Correction	Quote	Quote	Brides Blow Dry	\$60	\$90
SEMI-PERMANENT COLOUR			Attendants Upstyle	\$85	\$125
Short	\$65	\$80	Attendants Blow Dry	\$45	\$70
Medium	\$75	\$90	Travel Fee (CBD)		\$70
Long	\$85	\$100	Travel Fee (Outside Areas)		POA